CO-ORDINTING TEACHER: MFON BASSEY

SUBJECT: HEALTH SCIENCE

CLASS: SS3

PHONE NUMBER: 08104218205

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| WEEKS | TOPICS | CONTENTS | Practice questions |
| 1. | Safety Education | i. Definition and importance of safety education  ii Principles of safety education  iii.Disaster-meaning ,types, disaster relief activities and disaster agencies | 1. State importance of safety education  2. What is disaster?  3. List four types of disasters  4. State the emergency measures that should be taken to deal with each of them |
| 2. | Accident | I. Definition of accident  ii. Types of accident  iii Causes of accident  Prevention of accident | 1. Define accident  2. Mention five types of accident  3 State how accident can be prevented in the following places i. home ii. School iii. factories and iv road |
| 3. | Disability and rehabilitation | i Meaning of disability  ii Types of disability | 1. What is disability  2.Name three main type of disabilities  3.describe the main types of eye defects and how they can be control  4. Describe the facilities available locally for people with physical disabilities. |
| 4. | Drug Education | I Definition of drug education  Ii Definition of concepts related to drug education | i. What are the effects of excessive consumption of alcohol on (i) health and (ii) social life  ii. List the main types of drugs that are abused  iii. Give some reasons why people become involved in drug abuse |
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